



## Personal Trainer Policy

The Royal Botanic Gardens and Domain Trust Regulations 2013 clause 5.9 states, A person who, without the written consent of the Trust, conducts a fitness assessment, exercise class, personal training session or other exercise program in the Gardens is guilty of an offence.

- Trust Rangers are authorised to enforce the policy and issue penalties under the Trust Regulations.
- Penalties will be issued under Regulation 5.9 and are set at \$650.00.

### Key Components

- Permits are only valid in the Domain, sessions are not permitted within the Royal Botanic Garden.
- Session must be passive and considerate toward general public.
- To obtain a permit, personal trainers must demonstrate that they have completed an approved course and are registered with Fitness NSW or other recognised governing body. They must hold current first aid qualifications and workers compensation, public liability and professional indemnity insurance.
- A fee will be charged for all approved personal trainers with the option of 6 or 12 monthly permits.
- The permit is issued to an individual and not the organisation. Each trainer within the organisation conducting business on Trust Lands is required to be registered.
- Registered personal trainers are issued with a photo ID permit, a cone is also issued which must be clearly visible to Rangers and other personal trainers during training sessions. This cone remains the property of RBG and is to be returned when the permit expires. Each year RBG will provide trainers with a different coloured cone.
- Maximum size of a training group will be 12 people. Groups exceeding 12 have the option of booking through our Venue Services team:
  - <https://www.botanicgardens.org.au/venue-hire/permits/team-building-domain>
  - <https://www.botanicgardens.org.au/venue-hire/permits/sports-and-fitness/sport-domain>
  - [events@botanicgardens.nsw.gov.au](mailto:events@botanicgardens.nsw.gov.au)
- To allow for turf restoration personal trainers must not remain training on the same lawn/field and are required to alternate training locations per session.
- Personal trainers are required to move on from areas which have been paid and booked for private use or public events.
- Personal trainers cannot book individual lawns/fields.
- Permits are non-transferrable and non-refundable.
- Permits are not extendable and do not allow for a respite period.
- Permits shall not be sub-let or assign rights under this agreement.
- Activity on sandstone steps or structures is not permitted.
- All training sessions must be conducted in a safe manner that does not obstruct pathways, impede pedestrian flow, damage turf or vegetation, or pose any risk to other visitors or Trust assets.
- The sale of promotional clothing, equipment, etc. the distribution of brochures/pamphlets and displaying advertising signs/banners is not permitted on Trust Lands.